

St Cuthbert Mayne School Curriculum Map



Department: PE

Key Stage 5

CTEC SPORT Year 12 Autumn Term 1 & 2					
Topic/Unit	Unit 2: Sports Coaching & Activity Leadership (Coursework Unit)		Unit 2: Sports Coaching & Activity Leadership (Coursework Unit)		Unit 2: Sports Coaching & Activity Leadership (Coursework Unit)
Knowledge (Content covered)	LO1, LO2, LO3, LO4, LO5, LO6 & LO7	Assignment 1: Getting the job LO1: Know the roles and responsibilities of sports coaches and activity leaders LO2: Understand the principles which underpin coaching & leading	Assignment 2: Planning for success LO4: Be able to plan sports and activity sessions	Assignment 3: Prepare, Deliver, Review, Progress LO5: Be able to prepare sports and activity environments LO6: Be able to deliver sports and activity sessions LO7: Be able to review sports and activity sessions	Assignment 4: Winning a contract LO3: Be able to use methods to improve skills, techniques and tactics in sport
Assessment Criteria		P1, P2, P3, P4, M1	P6, P7, M3, D1	P8, P9, P10, P11, P12, M4, M5, D2	P5, M2
Skills	Factual Knowledge	Research skills,	Research skills,	Research skills,	Research skills

	and Understanding Interpretation of Data Application & Analysis Case Studies	Planning, Organisation & Delivery Application of knowledge to practical examples Assignment writing	Planning, Organisation & Delivery Application of knowledge to practical examples Assignment writing	Planning, Organisation & Delivery Application of knowledge to practical examples Assignment writing	Application of knowledge to practical examples Assignment writing Referencing
Assessment	Assessment of LO1, LO2, LO3, LO4, LO5, LO6 & LO7	Assessment Criteria & Feedback	Assessment Criteria & Feedback	Assessment Criteria & Feedback	Assessment Criteria & Feedback
Gatsby 4 (Linking curriculum learning to careers) GATSBY BENCHMA RK 4	Sports Coach PE Teacher Sports Development Officer Fitness Instructor Leisure Centre Manager	Sports Coach PE Teacher Sports Development Officer Fitness Instructor Leisure Centre Manager	Sports Coach PE Teacher Sports Development Officer Fitness Instructor Leisure Centre Manager	Sports Coach PE Teacher Sports Development Officer Fitness Instructor Leisure Centre Manager	Sports Psychologist Sports Coach PE Teacher Physiotherapy Fitness Instructor

St Cuthbert Mayne School Curriculum Map

Department: PE

Key Stage 5

CTEC SPORT Year 12 Spring Term 1 & 2						
Topic/Unit	Unit 1: Body Systems & the Effects of Physical Activity (Externally Assessed Unit)		Unit 1: Body Systems & the Effects of Physical Activity (Externally Assessed Unit)		Unit 1: Body Systems & the Effects of Physical Activity (Externally Assessed Unit)	
Knowledge (Content covered)	LO1, LO2, LO3, LO4 & LO5	LO1: Understand the skeletal system in relation to exercise and physical activity	LO2: Understand the muscular system in relation to exercise and physical activity	LO3: Understand the cardiovascular system in relation to exercise and physical activity	LO4: Understand the respiratory system in relation to exercise and physical activity	LO5: Understand the different energy systems in relation to exercise and physical activity
Assessment Weighting		15-25%	15-25%	15-25%	15-25%	5-15%
Skills	Factual Knowledge & Understanding Interpretation of Data Application & Analysis	Factual Knowledge and Understanding Interpretation of Data Application & Analysis Case Studies	Factual Knowledge and Understanding Interpretation of Data Application & Analysis Case Studies	Factual Knowledge and Understanding Interpretation of Data Application & Analysis Case Studies	Factual Knowledge and Understanding Interpretation of Data Application & Analysis Case Studies	Factual Knowledge and Understanding Interpretation of Data Application & Analysis Case Studies

Assessment	Assessment of LO1, LO2, LO3, LO4 & LO5`	Assessment Criteria & Feedback	Assessment Criteria & Feedback	Assessment Criteria & Feedback	Assessment Criteria & Feedback	Assessment Criteria & Feedback
Gatsby 4 (Linking curriculum learning to careers) GATSBY BENCHMA RK 4	Sports Coach PE Teacher Sports Development Officer Fitness Instructor Leisure Centre Manager	Sports Coach PE Teacher Sports Development Officer Fitness Instructor Leisure Centre Manager	Sports Coach PE Teacher Sports Development Officer Fitness Instructor Leisure Centre Manager	Sports Coach PE Teacher Sports Development Officer Fitness Instructor Leisure Centre Manager	Sports Coach PE Teacher Sports Development Officer Fitness Instructor Leisure Centre Manager	Sports Psychologist Sports Coach PE Teacher Fitness Instructor * MARJONS Virtual Interactive Sports Events

St Cuthbert Mayne School Curriculum Map

Department: PE

Key Stage 5

CTEC SPORT Year 12 Summer Term 1						
Topic/Unit	Unit 1: Body Systems & the Effects of Physical Activity (Externally Assessed Unit)		Unit 1: Body Systems & the Effects of Physical Activity (Externally Assessed Unit)		Unit 1: Body Systems & the Effects of Physical Activity (Externally Assessed Unit)	
Knowledge (Content covered)	LO1, LO2, LO3, LO4 & LO5 Revision, Exam Preparation & Exam	LO1: REVISION Understand the skeletal system in relation to exercise and physical activity	LO2: REVISION Understand the muscular system in relation to exercise and physical activity	LO3: REVISION Understand the cardiovascular system in relation to exercise and physical activity	LO4: REVISION Understand the respiratory system in relation to exercise and physical activity	LO1: REVISION Understand the different energy systems in relation to exercise and physical activity
Assessment Weighting		15-25%	15-25%	15-25%	15-25%	5-15%
Skills	Factual Knowledge & Understanding Interpretation of Data	Factual Knowledge and Understanding Interpretation of Data Application &	Factual Knowledge and Understanding Interpretation of Data Application &	Factual Knowledge and Understanding Interpretation of Data Application &	Factual Knowledge and Understanding Interpretation of Data Application &	Factual Knowledge and Understanding Interpretation of Data Application &

	Application & Analysis	Analysis Case Studies	Analysis Case Studies	Analysis Case Studies	Analysis Case Studies	Analysis Case Studies
Assessment	Assessment of LO1, LO2, LO3 & LO4	Assessment Criteria & Feedback	Assessment Criteria & Feedback	Assessment Criteria & Feedback	Assessment Criteria & Feedback	Assessment Criteria & Feedback
Gatsby 4 (Linking curriculum learning to careers) GATSBY BENCHMA RK 4	Sports Coach PE Teacher Sports Development Officer Fitness Instructor	Sports Coach PE Teacher Sports Development Officer Fitness Instructor Leisure Centre Manager	Sports Coach PE Teacher Sports Development Officer Fitness Instructor Leisure Centre Manager	Sports Coach PE Teacher Sports Development Officer Fitness Instructor Leisure Centre Manager	Sports Coach PE Teacher Sports Development Officer Fitness Instructor Leisure Centre Manager	Sports Psychologist Sports Coach PE Teacher Fitness Instructor * MARJONS Virtual Interactive Sports Events

CTEC SPORT Year 12 Summer Term 2		
Topic/Unit	Unit 8: Organisation of Sports Events (Coursework Unit)	Unit 19: Sport & Exercise Psychology (Coursework Unit)
Knowledge (Content covered)	Introduction to Unit 8: Organisation of Sports Events Assignment 3: LO3: Be able to plan and promote a sports event LO4: Be able to participate in the delivery of a sports event	Introduction to Unit 19: Sport & Exercise Psychology Assignment 1: LO1: Motivation & Sports Performance
Skills	Research skills, Planning, Organisation & Delivery Application of knowledge to practical examples	Research skills Application of knowledge to practical examples Assignment writing

	Assignment writing Referencing	Referencing
Assessment	Assessment Criteria & Feedback	Assessment Criteria & Feedback
Gatsby 4 (Linking curriculum learning to careers) GATSBY BENCHMA RK 4	Sports Coach PE Teacher Sports Development Officer Fitness Instructor	Sports Coach PE Teacher Sports Development Officer Fitness Instructor Leisure Centre Manager